

## INVITATION AND COMPETITION PROGRAMME

### Programme

The sport association **ASV Sport OK Toblach** with the approval of F.I.S.I. organizes:

**Saturday 17/02/2024** from **9:30** a FIS Race **10 km FT Individual Women + Men**, valid as stage of **Coppa Italia Rode Giovani e Senior**. Venue: **Nordic Arena Toblach/Dobbiaco**.

### Organizing committee and contacts

Organizer	ASV Sport OK Toblach/Dobbiaco
Address	Nordic Arena, Seeweg 16 – 39034 Toblach/Dobbiaco
Website	<a href="https://www.worldcup-dobbiaco.it">https://www.worldcup-dobbiaco.it</a>
Secretary / race office	Sarah Dapoz, <a href="mailto:info@worldcup-dobbiaco.it">info@worldcup-dobbiaco.it</a> – 0474 976 000
Chief of competition	Matthias Morandini, <a href="mailto:info@worldcup-dobbiaco.it">info@worldcup-dobbiaco.it</a> – 389-1770272
Medical service	Dr. Francesco Coscia / Dr. Paola Gigliotti, White Cross
Security	Carabinieri, Polizia locale, Guardia di Finanza, Vigili d. Fuoco

### Competition schedule and categories

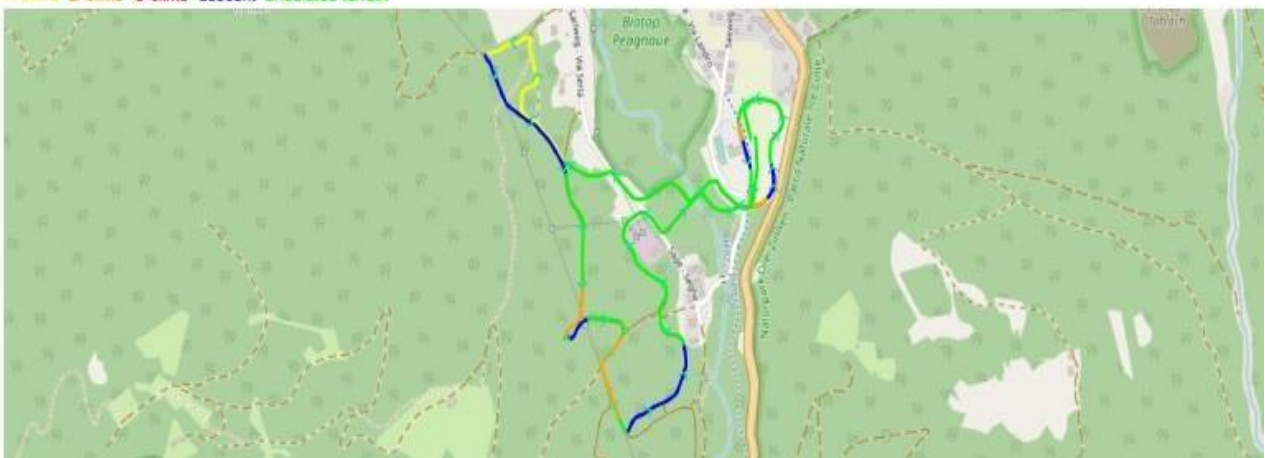
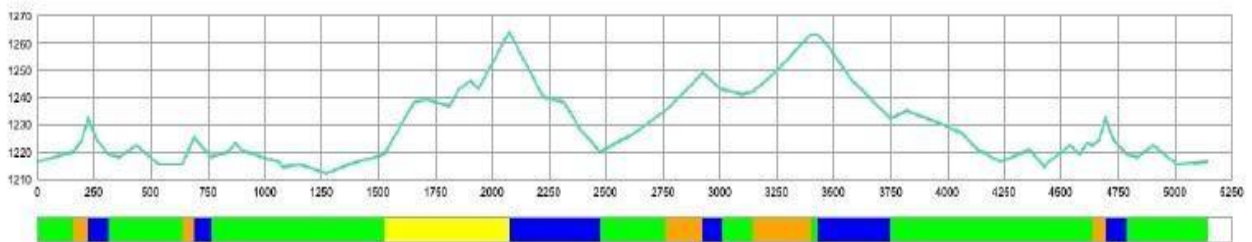
Date	Time	Category	Format	Distance - Technique	Note
16/02/24	09.30/12.00	ALL CATEGORIES	//	//	Course open for training
17/02/24	09.30/12.00	U18 – F – 2006 and 2007	IN	10 km TL (2 x 5 km)	//
17/02/24	09.30/12.00	U18 – M – 2006 and 2007	IN	10 km TL (2 x 5 km)	//
17/02/24	09.30/12.00	U20 – F – 2004 and 2005	IN	10 km TL (2 x 5 km)	//
17/02/24	09.30/12.00	U20 – M – 2004 and 2005	IN	10 km TL (2 x 5 km)	//
17/02/24	09.30/12.00	Sen – F – 2003 and previous	IN	10 km TL (2 x 5 km)	//
17/02/24	09.30/12.00	Sen – M – 2003 and previous	IN	10 km TL (2 x 5 km)	//

## Maps and courses

<b>Track</b>	<b>Nathalie</b>
FIS Homologation	FIS WC23/16.04/5.0 30.06.2028

## Track "Nathalie" 5 km

Course length:	5,146m	Height difference (HD):	52m	Lowest point:	1,212m
Course category:	D	Maximum climb (MC):	50m	Highest point:	1,264m
		Total climb (TC):	179m		



### Registration procedure

**Foreign teams** can register for the races by sending the FIS Entry FORM to [info@worldcup-dobbiaco.it](mailto:info@worldcup-dobbiaco.it)

**Deadline for entries: Wednesday 14.02.2024, 23.59**

### Registration fee

Registration fee for foreign athletes according to the 2023/2024 Winter Sports Agenda.

**15 € / athlete / race;**

### Accomodation

For information and booking please contact Sarah: [office@worldcup-dobbiaco.it](mailto:office@worldcup-dobbiaco.it) or +39 0474 976 000

### Jury

Role	Name
Chief of competition	Matthias Morandini
FIS TD	Gianluca Codemo
FIS TD Assistant	Sergio Piller
FISI coordinators	Tommaso Tamburro/Paolo Rivero

### Timing and data

FICR – Federazione Italiana Cronometristi: <http://sci.ficr.it>

Start lists/results/live: <http://sci.ficr.it/>

Responsible for timing: FICR/Giorgio Tomasini - 347 016 1410

### Team captains meeting

16/02/2024 - 18.00 Nordic Arena, Seeweg 16, Toblach/Dobbiaco (2nd floor)

### Bib distribution

17/02/2024 - 07.30 Nordic Arena, Seeweg 16, Toblach/Dobbiaco (2nd floor)

### Prize giving ceremony

- after the competition at the start/finish area (stadium)

- first 3 athletes overall, first U23 and first “civil”, first 6 athletes U20 and U18

### Rules

At this competition FIS rules will be applied (available at [www.fis-ski.com](http://www.fis-ski.com)) provisions in the 2023/2024 Winter Sports Agenda and provisions in the 2023/2024 Federal Technical Regulations, available at [www.fisi.org](http://www.fisi.org).

#### **222.8 Fluorinated ski wax prohibition**

Use of fluorinated wax or tuning products containing fluorine is prohibited for all FIS disciplines and levels. Fluorinated wax can be a competitive advantage and its use in competition will result in disqualification (see competition rules and equipment specifications).

### Other general information

For insurance purposes, the coverage provided by the FIS insurance policy applies.

The Organising Committee reserves the right to make any changes (to the regulations, programme or other) that may be necessary for the smooth running of the event.

In compliance with the provisions of the Winter Sport Agenda - as per article 1.7 of the 2023/2024 Winter Sports Agenda, in case of anti-doping controls, they will be done in the anti-doping room of the Nordic Arena Dobbiaco.

**There will be a “joint ski waxing” for all participators (see attached regulations)!**

## Regulations “Joint ski waxing”

For the 10km distance race in free technique in Toblach/Dobbiaco on 17/02/2024, it has been decided to have a joint ski waxing for all athletes organised by the organising committee on behalf of FIS. The ski waxing will be organized by the OC in cooperation with the jury.

### Costs

All costs for the waxing are covered by FIS.

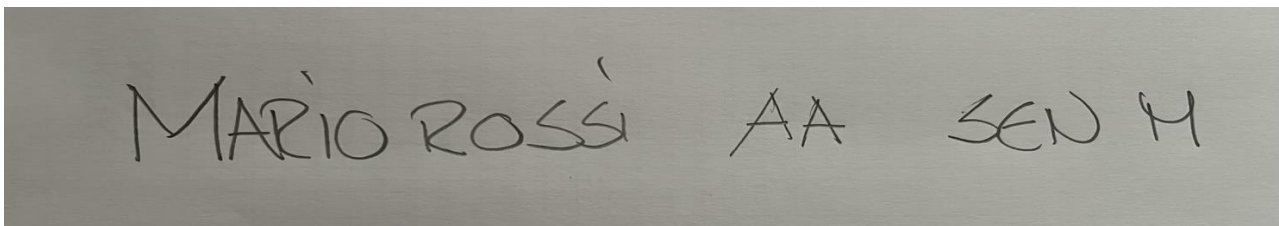
### Service Provider

The supplier of the products used for waxing is the company “Yes Ski Wax”.

### Procedure

The waxing will be done on Friday, 16/02/2024 in the “FIS Family Room” at the first floor of the Nordic Arena Toblach/Dobbiaco. Race skies have to be delivered within 13:30 for the senior categories and within 14:30 for the youth categories. Skies have to be clean following the FIS protocol and marked as you can see in the following example:

name/surname/nation/category/sex



The waxing for the senior categories will start at 13:30, for the youth categories at 14:30. Every team with at least one registered athlete should send 2 technicians.

When the waxing is finished, the room will be locked (with skies inside) by the OC and won't be opened until the moment of ski marking.

### Ski marking

All skies will be marked with a sticker with the start number of the athlete. When the ski marking is over, the room will be locked again and re-opened only in the morning before bringing the skies to the start area.

### Handout of the skies

Skies will be handed out by the OC directly to the athletes in the start area, before they go to the start gate. The skies must not be modified by athletes or technicians in the time range between handout and start.

### Controls

At the jury's discretion, in the finish area athletes may be asked to show their skis to verify that they have not been changed during the race.

If athletes come to the finish without marked skies, they will be disqualified (except in case of broken skies, bindings etc. during the race, what would not allow the athlete to finish the race in a proper way).

### PROHIBITION OF FLUORATED PRODUCTS

Like in every FIS race, the rule regarding fluorinated products applies (ICR 222.8). The products used for joint waxing will comply with this standard and the skis have to be cleaned following the FIS protocol before the delivery:

<https://assets.fis-ski.com/image/upload/fis-prod/assets/CleaningMethodsGuidelines.pdf>